

Parish Nurse/Health and Wellness Survey

Parish Nurses are working in churches to help people improve the health of the body, mind and spirit. The parish nurse provides a caring outreach of listening to needs and assisting persons to connect with services. They also teach and counsel about many aspects of healthy living. Your input is requested to determine the health ministry programs and services you would like to see at Windermere United Church and in our surrounding neighborhood. **Please check all topics of interest to you.**

Return the survey to the office or email to parishnurse@windermerechurch.ca - or complete survey on line following this link <https://goo.gl/forms/rMZywhG8oxJ5C0Yh1>

Children's Health	Teen Health	As You Age
<input type="checkbox"/> Infant/Child Safety Issues <input type="checkbox"/> Immunization <input type="checkbox"/> Poison Control <input type="checkbox"/> Growth & Development <input type="checkbox"/> Bike/Helmet Safety <input type="checkbox"/> Nutrition <input type="checkbox"/> Special Education <input type="checkbox"/> Mental health <input type="checkbox"/> ADHD <input type="checkbox"/> Bullying <input type="checkbox"/> Child Abuse <input type="checkbox"/> Childhood illnesses <input type="checkbox"/> Other:	<input type="checkbox"/> Peer Pressure <input type="checkbox"/> Substance use/abuse <input type="checkbox"/> Smoking <input type="checkbox"/> Sexuality <input type="checkbox"/> Gender Identity <input type="checkbox"/> Exercise/ Fitness <input type="checkbox"/> Eating Disorders <input type="checkbox"/> Body image <input type="checkbox"/> Depression <input type="checkbox"/> Dating violence <input type="checkbox"/> Bullying <input type="checkbox"/> Suicide <input type="checkbox"/> Birth Control Planning <input type="checkbox"/> Other <input type="checkbox"/> Obesity <input type="checkbox"/> Volunteerism <input type="checkbox"/> Teen Pregnancy <input type="checkbox"/> Other:	<input type="checkbox"/> Mobility/Balance <input type="checkbox"/> Exercise <input type="checkbox"/> Safety <input type="checkbox"/> Medications <input type="checkbox"/> Elder Care <input type="checkbox"/> Independent Living <input type="checkbox"/> Home Help Agencies <input type="checkbox"/> Caregiver Issues <input type="checkbox"/> Respite Care <input type="checkbox"/> End-of-Life Discussion <input type="checkbox"/> Chronic Illness Issues <input type="checkbox"/> Long Term Care Placement <input type="checkbox"/> Other:
Women's Health Issues	Men's Health Issues	Life Through Transitions
<input type="checkbox"/> General Wellness <input type="checkbox"/> Pregnancy <input type="checkbox"/> Sexual Health <input type="checkbox"/> Osteoporosis <input type="checkbox"/> Breast Cancer or other <input type="checkbox"/> Autoimmune disease <input type="checkbox"/> Heart disease <input type="checkbox"/> Depression <input type="checkbox"/> Balancing Career & Home <input type="checkbox"/> Career Choices <input type="checkbox"/> Stay at home - parents <input type="checkbox"/> Parenting Skills <input type="checkbox"/> Violence (domestic or other) <input type="checkbox"/> Menopause <input type="checkbox"/> Empty Nest <input type="checkbox"/> Arthritis/Fibromyalgia <input type="checkbox"/> Other:	<input type="checkbox"/> General Wellness <input type="checkbox"/> Balancing Career & Home <input type="checkbox"/> Prostate Cancer & other <input type="checkbox"/> Heart Disease & Stroke <input type="checkbox"/> COPD (Congestive Obstructive Heart Disease <input type="checkbox"/> Diabetes <input type="checkbox"/> Kidney Disease <input type="checkbox"/> Parenting Skills <input type="checkbox"/> Cooking <input type="checkbox"/> Career Choices <input type="checkbox"/> Depression <input type="checkbox"/> Other:	<input type="checkbox"/> "Sandwich Generation" <input type="checkbox"/> Health Insurance <input type="checkbox"/> Unemployment <input type="checkbox"/> Retirement <input type="checkbox"/> Grief/Loss Issues <input type="checkbox"/> Chronic Pain <input type="checkbox"/> Single Parenting <input type="checkbox"/> Cancer Treatment <input type="checkbox"/> Organ Donation <input type="checkbox"/> DNR/Advanced Directives <input type="checkbox"/> Eldercare Issues <input type="checkbox"/> Social Services <input type="checkbox"/> Community Services <input type="checkbox"/> Finding a physician <input type="checkbox"/> College/University Bound <input type="checkbox"/> Widowed <input type="checkbox"/> Alzheimer's disease <input type="checkbox"/> Hospice <input type="checkbox"/> Palliative Care <input type="checkbox"/> Other:

Health Promotion/Education	Wellness	Mental Health
<input type="checkbox"/> CPR/AED <input type="checkbox"/> First Aid <input type="checkbox"/> Flu shot clinic <input type="checkbox"/> Blood Pressure Monitoring <input type="checkbox"/> Smoking Cessation <input type="checkbox"/> Diabetes Screening <input type="checkbox"/> Health Fair <input type="checkbox"/> Cholesterol Screening <input type="checkbox"/> Home Safety Issues <input type="checkbox"/> Smoke & CO2 Detectors Check <input type="checkbox"/> Babysitting Training <input type="checkbox"/> General Safety Tips <input type="checkbox"/> HIV/AIDS <input type="checkbox"/> Arthritis/Fibromyalgia Support <input type="checkbox"/> Other:	<input type="checkbox"/> Stress Management <input type="checkbox"/> Nutrition Education <input type="checkbox"/> Weight Management <input type="checkbox"/> Support Group: <input type="checkbox"/> Fitness <input type="checkbox"/> Heart Health <input type="checkbox"/> Dental Health <input type="checkbox"/> Vision and Hearing <input type="checkbox"/> Cancer Prevention/Detection <input type="checkbox"/> Other:	<input type="checkbox"/> Depression <input type="checkbox"/> Loneliness <input type="checkbox"/> Anxiety <input type="checkbox"/> Self-Esteem Issues <input type="checkbox"/> Respect & Dignity <input type="checkbox"/> Substance usage <input type="checkbox"/> Humor and Health <input type="checkbox"/> Aging Issues <input type="checkbox"/> Fear <input type="checkbox"/> Losses/Grief <input type="checkbox"/> Anger Management <input type="checkbox"/> Bipolar Disorder <input type="checkbox"/> Eating Disorders <input type="checkbox"/> Other:
I can volunteer	Social Issues	Other
<input type="checkbox"/> Pastoral Care/Health Committee <input type="checkbox"/> Health Fair <input type="checkbox"/> Blood Donor clinic <input type="checkbox"/> Health screening <input type="checkbox"/> Food drive <input type="checkbox"/> Transportation <input type="checkbox"/> Visits to Homebound/III <input type="checkbox"/> Support Group <input type="checkbox"/> Messy Church <input type="checkbox"/> Others	<input type="checkbox"/> Uninsured/Underinsured Issues <input type="checkbox"/> Housing Issues <input type="checkbox"/> Employment Issues <input type="checkbox"/> ESL <input type="checkbox"/> Food Security <input type="checkbox"/> Homeless Issues <input type="checkbox"/> Addictions <input type="checkbox"/> Spiritual Needs <input type="checkbox"/> Domestic violence all categories <input type="checkbox"/> Others	<p>Please list anything you require assistance with or that you feel your neighborhood or family may need. e.g. single parent or isolated neighbor</p>
<input type="checkbox"/> Thank you for offering to volunteer. Please include your name & phone number below so the Parish Nurse can follow up.		